

# Course on Child Development Services and Counseling (CDSC)

**Duration: 1 Year (2 Semesters)**

## **Semester – I (6 Months)**

### **Subjects:**

1. CDSC101 – Fundamentals of Child Development
2. CDSC102 – Growth & Development (0–12 Years)
3. CDSC103 – Child Psychology & Behavioral Studies
4. CDSC104 – Health, Hygiene & Nutrition for Children
5. CDSC105 – Family, Community & Early Childhood Environment
6. CDSC106 – Child Safety, Protection & First Aid
7. CDSC107 – Practical – Observations & Child Interaction

### **Semester I Details:**

- Fundamentals of Child Development – Concepts, stages, growth factors.
- Growth & Development – Milestones, motor, cognitive & emotional development.
- Child Psychology – Personality, behavior, emotional needs.
- Health, Hygiene & Nutrition – Diet, sanitation, common illnesses.
- Family & Community Studies – Parent-child relationships.
- Safety & First Aid – Emergency handling, safety protocols.
- Practical – Child observation reports, interaction sessions.

## **Semester – II (6 Months)**

### **Subjects:**

1. CDSC201 – Counseling Skills & Techniques
2. CDSC202 – Child Mental Health & Emotional Well-being
3. CDSC203 – Guidance for Special Needs Children
4. CDSC204 – Early Childhood Education & Teaching Methods
5. CDSC205 – Legal Policies on Child Welfare & Rights
6. CDSC206 – Counseling Ethics & Professional Practice
7. CDSC207 – Internship / Field Training / Case Study Project

### **Semester II Details:**

- Counseling Techniques – Listening, problem-solving, communication.
- Mental Health – Anxiety, depression, trauma support.
- Special Needs – Autism, ADHD, learning disorders support.
- Early Childhood Teaching – Play-way method, activity-based learning.
- Child Welfare – Rights, government schemes, juvenile justice.
- Counseling Ethics – Confidentiality, professional conduct.
- Internship – Field training, case studies, counseling sessions.

**Final Requirements:**

Project, Viva, Practical Evaluation, 75% Attendance.